

# RELATIONSHIP BOUNDARIES WORKSHEET

Below you will find a list of verbal and physical actions that are common in relationships. (Feel free to add other boundaries as needed.)

Back rub or head rub  
 Buying expensive gifts  
 Cuddling  
 Fondling  
 Going to family functions

Holding each other  
 Holding hands  
 Kiss goodnight  
 Kiss on the cheek  
 Kissing the neck

Lying down together  
 Making out  
 Oral sex  
 Putting hand on leg  
 Saying, "I love you"

Saying, "It's Gods will we are together"  
 Sexual intercourse  
 Spending time alone in apartment

Spending time alone in car  
 Talking about intimate things  
 Talking about marriage  
 Talking about sexual history

Fill in each column with what you think are appropriate considering what God allows biblically and what you personally are comfortable with.

	<b>Friendship</b>	
	<b>Going on Dates</b>	
<b>Exclusive Dating</b>	<b>Early On</b>	
	<b>Later On</b>	
	<b>Pre-Engagement</b>	
	<b>Engagement</b>	
	<b>Marriage</b>	